

### TO OBTAIN THE MOST ACCURATE MEASUREMENT:

1. Before printing this bracelet size guide, make sure that page scaling is set to "NONE" in your printer settings area. (scale 100%)
2. Cut out the ruler.
3. Measure your wrist circumference.

### CUT

Print this page and cut out the ruler.



### MEASURE

Wrap the ruler snugly around your wrist to determine your wristband size.



### FIT

If your wrist is between two sizes, we recommend the larger size.



mm

10

20

30

40

50

60

70

80

90

100

110

120

130

140

150

160

170

180

190

200

mm

S

M

L

XL

SIZE	WRIST MEASUREMENT (mm   inch)
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Small	125 mm - 140 mm   4.92 - 5.51 inch
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Medium	140 mm - 155 mm   5.51 - 6.10 inch
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Large	155 mm - 170 mm   6.10 - 6.70 inch
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X-Large	170 mm - 185 mm   6.70 - 7.28 inch
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